



Teacher Guide to Region 9 School Based Health Center

- **What is the R9 School Based Health Center?**
 - FREE medical clinic for students
 - Offers Mental Health and Physical Health care at school so students have access to the care they need without missing a lot of class time.
 - **What can a student be seen for at the SBHC?**
 - Physical Health
 - Sick visit, well check, sports physical (with parent consent)
 - Pregnancy test, STI test, Family planning (without parent consent)
 - Mental Health
 - Substance use counseling and groups, anxiety, depression, trauma, and other mental health or adjustment issues
 - **Will a counselor come to the school to provide care to my students?**
 - Yes, our counselors and social workers can travel to each school to provide services (RHS students come out to the clinic on campus)
 - **Can a student be seen even if they aren't in school that day or the provider is not at the school that day?**
 - Yes, telemedicine is available for both physical and mental health visits
 - Talk with your school's nurse or counselor or give us a call
 - **Can I refer a student for mental health concerns?**
 - Yes, refer a student by filling out a referral form at www.r9sbhc.org
 - **Can staff at SBHC talk to my class about a mental or physical health issue?**
 - Yes, our providers are happy to give a classroom presentation or lesson on any health issues that are of a concern to you.
 - **Can I receive care at the R9 SBHC?**
 - Yes, school staff can receive physical health care with the nurse practitioner for a \$30 fee
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R9 SBHC Staff

Behavioral Health Providers

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Dr. Richard Barendsen - Child and Adolescent Psychiatrist

Physical Health Provider

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Office Staff

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